



Indoor Air Quality

90% of our lives spent indoors

2-5x more pollution than outdoors

Common Indoor Air Pollutants

Airborne Particles
from diesel, exhaust, dust, smoke, etc.

Formaldehyde
from building materials, furniture, cooking, & smoking

Odors & Gases
from activities such as painting, cooking, & smoking

Ozone
from outdoor air (ground level ozone is highly irritating)

Carbon Dioxide
from people exhaling & cooking



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